

# One Hour Shodai-gyo January 2022

To: All Myosenji Hokkeko believers

From: Rev. Shojo Sakabe, Chief Priest of Myosenji Temple

Re: Daily one-hour Shodai-gyo during the month of January 2022

Twice a year, in January and again in July, High Priest Nichinyo Shonin conducts one-hour Shodai-gyo (practice of chanting Nam Myoho Renge Kyo) at the Head Temple.

Following the High Priest's guidance, I encourage all Myosenji Hokkeko\* believers to conduct daily one-hour Shodai-gyo at your home during the month of January.

As you know, there is Shodai-gyo on Myosenji Temple's Facebook Live group every day. Please check the temple schedule and attend from your home via Facebook Live.

If you have a Facebook account but have not joined our Facebook Live group, please let me know by email. Myosenji Hokkeko members can join the group, also can invite other Myosenji Hokkeko members to the group. \*Remember, this is only for Myosenji Hokkeko members, so please don't invite other temple members.

The Covid-19 pandemic has not over yet. And it is still a crucial moment for everyone. So I hope you don't miss the opportunity to chant one-hour everyday though the month of January and receive great protection from the Gohonzon.

\*Hokkeko is translated as "Lotus Group." It is the term used for the community of lay believers of Nichiren Shoshu. The name "Hokkeko" was given to the lay believers by Nichiren Daishonin himself. (Basics of Practice, p. 125)