

**“The Year of Achieving Our Shakubuku Goal”**

**SHAKUBUKU RESULT 17/140 [as of 2/28/20]**

**Myosenji Temple**

BM = Baltimore  
 FD = Frederick  
 ND = National-Dulles  
 HB = Harrisburg  
 UMC = Upper Montgomery County  
 TLG = Temple Local Group

MG: Morning Gongyo  
 EG: Evening Gongyo  
 CG: Ceremonial Gongyo  
 GS: Gongyo Shodai (A&C)  
 GM: Group Meeting





















 = Live Streaming

**GONGYO**

**Morning: Mon – Fri: 7am / Sat: 8am / Sun: 10am** *March 2020 Schedule update*

**Evening: Mon – Fri: 7pm / Sat & Sun: 4pm**

**Temple Hours: Mon – Fri: 7am – 8pm, Sat: 8am – 5pm, Sun: 9am – 5pm**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> [9:00 AM Toban Group UMC] <b>10:00 AM Kosen-rufu Gongyo (MG)</b> Followed Kosen-rufu Shodai  <i>2 PM Introductory Meeting</i> <b>4 PM Evening Gongyo</b>	<b>2</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>3</b> 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>4</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>5</b> 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>6</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>7</b> <b>8 AM Morning Gongyo</b> <i>CLEANUP: ALL MEMBERS</i>  <i>2 PM Introductory Mtg.</i> <b>4 PM Evening Gongyo</b>
<b>8</b> [9:00 AM Toban Group TLG] <b>10:00 AM Oko Ceremony (MG)</b> 12:30 PM Officers' Meeting  <b>4 PM Evening Gongyo</b>	<b>9</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>10</b> 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>11</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>12</b> 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>13</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>14</b> <b>8 AM Morning Gongyo</b> <i>CLEANUP: ALL MEMBERS</i>  3 PM 1 Hr SHODAI <b>4 PM Evening Gongyo</b>
<b>15</b> <b>10:00 AM Morning Gongyo</b> Followed One Hour Shodai  <b>3 PM 1 HR SHODAI</b> <b>4 PM Evening Gongyo</b>	<b>16</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>17</b> 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>18</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>19</b> 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>20</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>21</b>   <b>3 PM 1 HR SHODAI</b> <b>4 PM Evening Gongyo</b>
<b>22</b> <b>10:00 AM Higan-e Memorial</b> <b>11 AM Study Meeting Basic Class</b>  <b>3 PM 1 HR SHODAI</b> <b>4 PM Evening Gongyo</b>	<b>23</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>24</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>25</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>26</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>27</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>28</b>   <b>3 PM 1 HR SHODAI</b> <b>4 PM Evening Gongyo</b>
<b>29</b> <b>10:00 AM Morning Gongyo</b> <b>11 AM Study Meeting Beyond Class</b>  <b>3 PM 1 HR SHODAI</b> <b>4 PM Evening Gongyo</b>	<b>30</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>31</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>4/1</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>4/2</b> 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>4/3</b>  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	<b>4/4</b> <b>8 AM Morning Gongyo</b> <i>CLEANUP: ALL MEMBERS</i>  3 PM 1 Hr SHODAI <b>4 PM Evening</b>

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Please note: For regular Toba request, please submit request at least 2 days in advance. For Monthly Memorial Toba request, please submit request at least 1 week in advance.