

“The Year of Achieving Our Shakubuku Goal”

SHAKUBUKU RESULT 17/140 [as of 2/28/20]

Myosenji Temple

BM = Baltimore
 FD = Frederick
 ND = National-Dulles
 HB = Harrisburg
 UMC = Upper Montgomery County
 TLG = Temple Local Group

MG: Morning Gongyo
 EG: Evening Gongyo
 CG: Ceremonial Gongyo
 GS: Gongyo Shodai (A&C)
 GM: Group Meeting
















 = Live Streaming

GONGYO

Morning: Mon – Fri: 7am / Sat: 8am / Sun: 10am *March 2020 Schedule update*

Evening: Mon – Fri: 7pm / Sat & Sun: 4pm

Temple Hours: Mon – Fri: 7am – 8pm, Sat: 8am – 5pm, Sun: 9am – 5pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 [9:00 AM Toban Group UMC] 10:00 AM Kosen-rufu Gongyo (MG) Followed Kosen-rufu Shodai <i>2 PM Introductory Meeting</i> 4 PM Evening Gongyo	2  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	3 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	4  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	5 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	6  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	7 8 AM Morning Gongyo <i>CLEANUP: ALL MEMBERS</i> <i>2 PM Introductory Mtg.</i> 4 PM Evening Gongyo
8 [9:00 AM Toban Group TLG] 10:00 AM Oko Ceremony (MG) 12:30 PM Officers' Meeting 4 PM Evening Gongyo	9  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	10 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	11  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	12 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	13  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	14 8 AM Morning Gongyo <i>CLEANUP: ALL MEMBERS</i> 3 PM 1 Hr SHODAI 4 PM Evening Gongyo
15 10:00 AM Morning Gongyo Followed One Hour Shodai 3 PM 1 HR SHODAI 4 PM Evening Gongyo	16  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	17 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	18  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	19 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	20  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	21 3 PM 1 HR SHODAI 4 PM Evening Gongyo
22 10:00 AM Higan-e Memorial 11 AM Study Meeting Basic Class 3 PM 1 HR SHODAI 4 PM Evening Gongyo	23  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	24 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	25  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	26 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	27  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	28 3 PM 1 HR SHODAI 4 PM Evening Gongyo
29 10:00 AM Morning Gongyo 11 AM Study Meeting Beyond Class 3 PM 1 HR SHODAI 4 PM Evening Gongyo	30  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	31 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	4/1  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	4/2 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	4/3  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	4/4 8 AM Morning Gongyo <i>CLEANUP: ALL MEMBERS</i> 3 PM 1 Hr SHODAI 4 PM Evening

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Please note: For regular Toba request, please submit request at least 2 days in advance. For Monthly Memorial Toba request, please submit request at least 1 week in advance.