

# “The Year of Achieving Our Shakubuku Goal”

## SHAKUBUKU GOAL 140

# Myosenji Temple

## January 2020 Schedule

BM = Baltimore  
 FD = Frederick  
 ND = National-Dulles  
 HB = Harrisburg  
 UMC = Upper Montgomery County  
 TLG = Temple Local Group

MG: Morning Gongyo  
 EG: Evening Gongyo  
 CG: Ceremonial Gongyo  
 GS: Gongyo Shodai (A&C)  
 GM: Group Meeting




















 = Live Streaming

### GONGYO

**Morning: Mon – Fri: 7am / Sat: 8am / Sun: 10am**

**Evening: Mon – Fri: 7pm / Sat & Sun: 4pm**

**Temple Hours: Mon – Fri: 7am – 8pm, Sat: 8am – 6pm, Sun: 9am – 5pm**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>12/29</b> [9:00 AM Toban Group ND] <b>10:00 AM Morning Gongyo</b> <b>11 AM Study Meeting Beyond Class</b>  <b>2 PM Introductory Meeting</b> 4 PM Evening Gongyo	12/30  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	12/31  5 PM 1 HR. SHODAI 6 PM NEW YEAR'S EVE GONGYO (EG) No MIDNIGHT GONGYO	<b>1</b> [8:30am Toban BM] <b>10:00AM New Year's                      Gongyo (MG)</b>  <b>Children's Activity</b> Followed 1HR. SHODAI <b>2PM Introductory Mtg</b> 4 PM Evening Gongyo	2 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	3  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	4 8 AM Morning Gongyo Followed by 1 HR SHODAI <u>CLEANUP: ALL MEMBERS</u>  <b>2 pm Intro Meeting in                      Baltimore MD</b>
<b>5</b> [9:00 AM Toban Group FD] <b>10:00 AM Kosen-rufu Gongyo (MG)</b> Followed Kosen-rufu Shodai  <b>2 PM Introductory Meeting</b> 4 PM Evening Gongyo	6  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	7 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	8  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	9 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	10  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	11 8 AM Morning Gongyo Followed by 1 HR SHODAI <u>CLEANUP: ALL MEMBERS</u>  <b>2 PM Introductory Mtg</b>  4 PM Evening Gongyo 5 PM Taiko Drum Practice
<b>12</b> [9:00 AM Toban Group UMC] <b>10:00 AM Oko Ceremony (MG)</b> Followed by Japanese Group Study <b>12:30 PM Officers' Meeting</b> 3 PM 1Hr Shodai  4 PM Evening Gongyo	13  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	14 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	15  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	16 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	17  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	18 8 AM Morning Gongyo Followed by 1 HR SHODAI <u>CLEANUP: ALL MEMBERS</u>  4 PM Evening Gongyo
<b>19</b> [9:00 AM Toban Group TLG] <b>10:00 AM Monthly Memorial (MG)</b> Followed 1 HR Shodai   <b>2 PM Introductory Meeting</b> 4 PM Evening Gongyo	<b>20 [MLK Day]</b> <b>There is no                      Live Stream</b> 2 PM 1HR. SHODAI 3 PM GONGYO 4 PM Temple Close	21 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	22  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	23 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	24  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	25 8 AM Morning Gongyo Followed by 1 HR SHODAI <u>CLEANUP: ALL MEMBERS</u>  <b>6 PM Evening Gongyo</b> <b>6:30 PM YA meeting</b>
<b>26</b> [9:00 AM Toban Group ND] <b>10:00 AM Morning Gongyo</b> Followed 1 HR Shodai  <b>10:00 AM Children's activity</b> <b>2 PM Introductory Meeting</b> 4 PM Evening Gongyo	27  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	28 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	29  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	30 6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	31  6:00 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:00 PM GONGYO	2/1 8 AM Morning Gongyo <u>CLEANUP: ALL MEMBERS</u>  3 PM 1 HR SHODAI 4 PM Gongyo

Myosenji Temple: 310 University Blvd. W, Silver Spring, MD 20901 Tel.: 301-593-9397 / Fax: 301-593-6932 / E-mail: info@templedc.org / Website : www.nstmyosenji.org

Please note: For regular Toba request, please submit request at least 2 days in advance. For Monthly Memorial Toba request, please submit request at least 1 week in advance.