

“The Year of Courageously Advancing Forward”

SHAKUBUKU GOAL 140

Myosenji Temple

January 2019 Schedule

GONGYO

Morning: Mon – Fri : 7 AM / Sat : 8 AM / Sun : 10 AM

Evening: Mon – Fri : 7:30 PM / Sat & Sun : 4 PM

Temple Hours: Mon – Fri: 7 AM – 8 PM, Sat: 8 AM - 5 PM, Sun: 9 AM - 5 PM

MG: Morning Gongyo EG: Evening Gongyo CG: Ceremonial Gongyo GS: Gongyo Shodai (A&C) GM: Group Meeting	= Live Streaming
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
12/30 [9:00 AM Toban Group BM] 10:00 AM Morning Gongyo 1 PM Shodai for Gojukai 2 PM Introductory Meeting 4 PM Evening Gongyo	12/31 5 PM 1 HR. SHODAI 6 PM NEW YEAR'S EVE GONGYO (EG) NO MIDNIGHT GONGYO 	1/1 [9:00am Toban TLG] 10:00AM New Year's Gongyo (MG) Children's Activity Followed 1HR. SHODAI 2PM Introductory Mtg 4 PM Evening Gongyo	2 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	3 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	4 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	5 8 AM Morning Gongyo Followed by 1 HR SHODAI <u>CLEANUP: ALL MEMBERS</u> 2 pm Intro Meeting in Baltimore MD	
6 [9:00 AM Toban Group FD] 10:00 AM Kosen-rufu Gongyo (MG) Followed Kosen-rufu Shodai 2 PM Introductory Meeting 4 PM Evening Gongyo	7 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	8 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	9 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	10 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	11 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	12 8 AM Morning Gongyo Followed by 1 HR SHODAI <u>CLEANUP: ALL MEMBERS</u> 2 PM Introductory Mtg. 4 PM Evening Gongyo	
13 [9:00 AM Toban Group UMC] 10:00 AM Oko Ceremony (MG) Followed by Japanese Group Study 12:30 PM Officers' Meeting 3 PM 1Hr Shodai 4 PM Evening Gongyo	14 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	15 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	16 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	17 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	18 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	19 8 AM Morning Gongyo Followed by 1 HR SHODAI <u>CLEANUP: ALL MEMBERS</u> 2 PM Youth Meeting 4 PM Evening Gongyo	
20 [9:00 AM Toban Group ND] 10:00 AM Monthly Memorial (MG) Followed 1 HR Shodai 2 PM Introductory Meeting 4 PM Evening Gongyo	21 [MLK Day] There is no Live Stream 2 PM 1HR. SHODAI 3 PM GONGYO 4 PM Temple Close	22 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	23 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	24 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	25 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	26 8 AM Morning Gongyo Followed by 1 HR SHODAI <u>CLEANUP: ALL MEMBERS</u> 2 pm Intro Meeting in Bear DE	
27 [9:00 AM Toban Group BM] 10:00 AM Morning Gongyo Followed 1 HR Shodai 10:00 AM Children's activity 2 PM Introductory Meeting 4 PM Evening Gongyo 	28 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	29 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	30 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	31 6:30 PM SLOW GONGYO PRACTICE & 1HR. SHODAI 7:30 PM GONGYO	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 5px;"> BM = Baltimore FD = Frederick ND = National-Dulles HB = Harrisburg UMC = Upper Montgomery County TLG = Temple Local Group </td> </tr> </table>		BM = Baltimore FD = Frederick ND = National-Dulles HB = Harrisburg UMC = Upper Montgomery County TLG = Temple Local Group
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Myosenji Temple: 310 University Blvd. W, Silver Spring, MD 20901 Tel.: 301-593-9397 / Fax: 301-593-6932 / E-mail: info@templedc.org / Website : www.nstmiosenji.org

Please note: For regular Toba request, please submit request at least 2 days in advance. For Monthly Memorial Toba request, please submit request at least 1 week in advance.