

“On Persecutions Befalling the Buddha”

Oct. 1, 1279 (Age 58)

Even if we too should meet such severe trials, we will attain Buddhahood in the future. Our present tribulations are like *moxa cautery, minor pain necessary to remove greater pain.

(“Shōnin Gonan-ji” Gosho p. 1397 / ref. MW1-242)

*Moxa cautery

Also called moxibustion, moxa therapy or treatment, is a traditional Chinese medicine therapy using *moxa*, made from dried mugwort. Practitioners use moxa to warm regions and meridian points with the intention of stimulating circulation through the points and inducing a smoother flow of blood and qi. There are several methods of moxibustion. Direct scarring moxibustion places a small cone of moxa on the skin at an acupuncture point and burns it until the skin blisters, which then scars after it heals.

Nichiren Shoshu Myosenji

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